



## **Fusion Gymnastics offers**

- **Preschool/School-Age Gymnastics** •
- **Cheerleading Tumbling Classes** •
- **USAG & USAIGC Competitive Teams** •
- **Tumbling and Tramp Classes & Team** •
- **Birthday Parties • Gym Rentals** •
- **Open Gym • Pro Shop** •

Pay by the month for classes beginning

September 1, 2017 through May 31, 2018.

\$40 yearly registration fee (single child only). Ask about sibling discounts!!

\*\*If you miss a class, a makeup must be scheduled within 30 days of the missed class, or it is forfeited without a refund.

\*\*All accounts are placed on direct billing status with a credit card securing the account. Payments will be processed on the 1st of every month. Those choosing to pay by cash/check must do so by the 1st to avoid automatic processing.

\*\*Fusion reserves the right to close out any class due to low registration.

### **CLOSED**

LABOR DAY SEPT 4

THANKSGIVING NOV 22-NOV 24,

HOLIDAY BREAK DEC 25- JANUARY 1

March 30-April 2

May 28

### **New Systematic Charting Program**

As students build confidence and learn new skills they will be rewarded with ribbons and certificates to take home. Our new skill charting system keeps students excited and motivates them to work hard!!

## **Infant Classes**

**Tummy Time \$40/month**—4 months to 12 months—A 30 minute class for you and your baby to bond filled with stretching, locomotor skills, songs, bubbles, and more. Have fun with your baby while encouraging strength building and sensory exploration! This class is held upstairs. Bring a comfy blanket from home!

**Parent Tot Minis \$40/month**—13 to 24 months—A 30 minute class introducing your child to the gym. Children must be walking independently. They will begin using gym equipment on the floor while working on following directions and building confidence.

**Parent Tot Stars \$65/month**—25 to 36 months—Our final parent participation class is 45 minutes long. We work on introducing children to the gym equipment, following a circuit, and gaining independence to move into our preschool program.

## **Preschool Classes—45 Minutes**

**Preschool \$70/month**(must be fully potty trained & approved by a coach to attend independent classes)—Ages 3-4—Children begin 3 station circuits learning basic skills and foundations for gymnastics while engaging in play time, parachute games, and jumping in the foam pit

**Kinders \$70/month** Age 4-5—Stronger focus on learning and improving skills on the four gymnastics events as well as proper jumping on our trampolines and in our foam pit.

## **Tumbling Classes** Ages 6&Up

**Basic Tumbling \$80/month**—55 minutes—Focus on beginning tumbling skills such as rolls, cartwheels, roundoffs, back walkovers and more, preparing for more advanced skills.

**Advanced Tumbling \$105/month**—85 minutes—With Instructor approval, those gymnasts who have mastered basic skills and are ready to take on new advanced skills such as handsprings, tucks, and more.

## **School Age Classes—55 Minutes**

**\$80/month**

**Beginner Age 5-7**—Your child will be encouraged to learn and master basic gymnastics skills through repetition, drills, practice, and spotting. They will train on all four events as well as on our trampolines and in the foam pit. Gymnasts will work on cartwheels, handstands, rolls, vault mounts, and basic bar and beam skills

**Advanced Age 5-7**—Gymnasts who show excellence in basic skills such as cartwheels, handstands, bar strength, and flexibility can begin working on advanced skills with instructors approval.

**Beginner Age 8-11**—Your child will be encouraged to learn and master basic gymnastics skills through repetition, drills, practice, and spotting. They will train on all four events as well as on our trampolines and in the foam pit. Gymnasts will work on cartwheels, handstands, rolls, vault mounts, and basic bar and beam skills

**Advanced Ages 8-11**—Gymnasts who show excellence in basic skills such as cartwheels, handstands, bar strength, and flexibility can begin working on advanced skills with instructors approval.

**Intermediate 11&Up**—This class will train our older gymnasts from beginners all the way up through advanced skills on all four events as well as our trampolines.

**Boys Ages 6&UP**—Class focuses on fundamentals of Vault, Parallel bars, side horse, high bar, and rings. This class is for beginners all the way through advanced skills.

**Trampoline-Ages 6&UP**—Learn how to properly jump on the trampoline, double mini, and tumble track through drills, practice, and repetition. Students will learn different jumps and techniques used by our competitive Trampoline Team.

**Level 2 & 3 \$105/month**—This class is 85 minutes long and invitation only for advanced gymnasts.

**PRE-SCHOOL CLASSES**

	Mon	Tue	Wed	Thur	Fri	Sat
Tum	5:00				9:00	
Mini	9:15		9:15	9:15		
	5:35			5:30		
Stars	10:00		10:00	10:00		9:00
	6:00			5:00		
PS	11:00	10:15		11:00		
	4:00	5:00	11:00	6:00		10:00
		6:00				
Kind	5:00	5:00	5:00	5:00		11:00
		6:00	6:00	6:00		

**SCHOOL AGE CLASSES**

	Mon	Tue	Wed	Thur	Fri	Sat
B 5-7	6:00	4:00	4:00	4:00		10:00
	7:00	6:00	5:00	5:00		
A 5-7	5:00	5:00	6:00	5:00		11:00
				6:00		
B 8-11	6:00	5:00		6:00		9:00
		7:00		7:00		
A 8-11	5:00	5:00	5:00	6:30		
		6:00				
11 & UP	6:00		7:00	7:00		
2	4:00		4:00	5:00		10:00
			5:30			
3	5:30	6:30		5:00		
Boys			6:00			
BT	7:00	7:00	6:00	6:00		
			7:00	7:00		
AT	7:00			6:30		
Tramp			5:00			

Affix  
Postage



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Lititz, PA 17543



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www.fusion-gymnastics.com



Training for a life in MOTION



**2017-2018**

